Date: 10/3/25

## NNC EEC/CSPP/PALS LAUSD Breakfast, Lunch, Snack Menu November 3 – 7, 2025

	Monday 11/3	Tuesday 11/4	Wednesday 11/5	Thursday 11/6	Friday 11/7
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée	Deluxe Cereal Bowl V	Morning Beef Sausage Sandwich (R0108N)	Buttery Maple Waffle <b>V</b> (R2259N)	Ham & Cheese Croissant (R0628N)	Morning Magic Bagel <b>V</b> (R2295N)
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	-	-	-	-	Strawberry Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée	Beef & Cheese Burrito (R0145N)	Mac N Cheese V (R1149N)	Cafe LA Burger* (R0091N)  OR Cafe LA Cheeseburger*  (R0164N)	Toasted Cheese Sandwich V (R1086N)	Orange Chicken & Broccoli Rice Bowl (R5634N)
Vegetable	Tropical Trio Slush (CMS #2665, R4524)	Romaine Mix Salad (R4334N)	Roasted Potato Wedges (R4404N)	Golden State Juice (CMS #1485, R4666)	Broccoli in Entree
Fruit	Fresh Fruit	Frozen Strawberry Cup (CMS #2952, R3030)	Fresh Fruit	Fresh Fruit	Strawberry Creamsicle (CMS #2861)
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	-	Ranch	Ketchup (R7043), Mayo, Mustard	-	-
SNACK	SNACK	SNACK	SNACK	SNACK	SNACK
Grain	Cheez-It Crackers (CMS #1239)	Belvita Cinnamon Crackers (CMS #1447)	Food & Nutrition Crackers (CMS #1590) Cheese Plank (CMS #2525)	Cheez-It Crackers (CMS #1239)	Food & Nutrition Crackers (CMS #1590)
Milk (6 oz.) OR Meat/Meat Alt	Milk	Peach Yogurt 4 oz. <b>V</b> (CMS #7156-DW, #9159-CB)	Milk	Milk	Milk

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk: Offer One Milk Choice - Low-Fat Unflavored Milk 6 oz. However, if requested by parent/guardian, an individual carton of Unflavored Fat-Free Milk or Unflavored Fat-Free Lactose Free Milk may be given to a specific student.

## **Deluxe Cereal Bowl**

Cinnamon Toast Crunch (CMS #1623)	Honey Cheerios (CMS #1442)

Fresh Fruit: Order no more than 3 different fresh fruits per day. Options below can be used any time in place of canned or frozen fruit cup/slushes.

Apple (CMS#3800, R3084)	Apple Slices, Green (CMS #3417, R3001)	Banana (CMS #3204, R3005)	Kiwi (CMS# 3846, R3288)	Orange (CMS #3093, R3148)
-------------------------	--	---------------------------	-------------------------	---------------------------